

# CLASS PASS

CORE



CORE  
DEFINING  
INTENSITY

LES MILLS  
CXWORX

# JOIN US!

We're so excited you're here! Taking the first step is the hardest part, but you're in great hands. If it's your first time, all you need to bring is yourself! Just introduce yourself to your instructor and they will get you set up for class. Enjoy your workout!

**NAME:**

.....

**EMAIL:**

.....

**PHONE:**

.....

**ADDRESS:**

.....

.....

**OFFER DETAILS:**

.....

.....

Working out together works wonders. Read more about the effect that working out in a group can have on your fitness goals by visiting [lesmills.com/smartstart](http://lesmills.com/smartstart)

**Restrictions may apply.  
See front desk for details.**

**LES MILLS  
CXWORX**

[www.lesmills.com/cxworx](http://www.lesmills.com/cxworx)

LES MILLS MOBILE APP  
AVAILABLE NOW IN THE  
& APP STORE

