

Dance Classes



Please Note:

Please read class descriptions carefully to determine placement. Those enrolled in the previous year were mailed placement letters for the current season. New preschool students should enroll in the lowest level for their age. Students who enroll in the wrong level may not be able to change classes if the class is full.

The dance programs provide skill-building techniques through the various dance forms offered in a fun and creative atmosphere for all participants involved.

We offer a variety of Ballet, Tap, Jazz, Modern, Lyrical, and Hip Hop classes for dancers 2½ years to Adults. Programs are designed to encourage self confidence and poise that will be carried throughout all aspects of the life of the dancer.

Tots in Motion*

Ages 2.5-3.5

Parents will help introduce their child to the world of dance by participating alongside their child! Development and control of gross motor skills, following directions and taking turns are stressed. Dancers should wear socks or ballet shoes and comfortable clothes they can move in or tights and leotard.

Tippy Toes*

Ages 3-4

This class is for the child who is able to attend class without parent participation. Dancers will learn basic ballet positions and technique through fun class instruction and upbeat music. This class does not perform in the spring dance recital. Dancers should wear pink ballet shoes, tights, skirt or dance shorts, and a leotard.

Storytime Ballet

Ages 3-5

Dance is a moving story! Each class will consist of a story and a ballet lesson. Dancers should wear pink ballet shoes, a leotard, a skirt or dance shorts, and tights. (KD)

Ballet & Tap

Ages 3-6

Dancers will be introduced to lessons in ballet and tap dance. Each week they will practice both disciplines. Dancers should wear pink ballet shoes, black tap shoes, a leotard, a skirt or dance shorts, and tights.

Hip Hop Tots

Ages 3-5

Preschoolers will learn basic jazz and hip hop moves to their favorite songs. They will also explore their creative side using fun props. Dancers should wear clean gym shoes or black jazz shoes and comfortable clothes they can move in.

Mini Jazz & Hip Hop

Ages 5+

Dancers will be introduced to lessons in jazz and hip hop dance. Dancers should wear black jazz shoes and form-fitting clothes they can move in.

Kids Pop

Ages 5-6

Focuses on hip hop and funky jazz. Dancers should wear black jazz shoes and form fitting clothes they can move in.

Mini Jazz

Ages 5-6

Develop their jazz skills while working on coordination, flexibility and strength. Dancers should wear black jazz shoes and form-fitting clothes they can move in.

Ballet

Ages 6+

Develops basic ballet techniques, positions and terminology. Levels 1 & 2 are for beginner ballet dancers. Level 3 students should have 1-2 years experience in ballet. Level 4 students should have 2-3 years experience. Levels 5 & 6 are instructor permission only. Dancers should wear pink ballet shoes, leotard, tights, and hair must be worn in a bun.

Pointe Prep*

Ages 11+

Focuses on building the muscles and specific technique necessary to begin training for pointe. Students must also be enrolled and attend an additional ballet class. Bone development is taken into consideration when placing students on pointe so dancers must be at least 13 years old before going on pointe. Students should expect to participate in 1-4 sessions of Pointe Prep before being considered for Pointe. It is important to note that every dancer is different and that proper bone development and muscle strength will be a main factor in the instructor's decision over age or participation. Under no circumstance should students purchase pointe shoes until instructed to do so. Level 2 is by instructor permission only. Dancers should wear pink ballet shoes, leotard, skirt or dance shorts, and convertible or footless tights (optional).

Pointe

Ages 13+

Pointe Ballet focuses on technique and is for the advanced ballet dancer. Only pointe technique is covered in this class: students must also be enrolled in an advanced ballet class. Instructor permission only. Dancers wear pointe shoes, leotard, tights, and hair must be worn in a bun.

Jazz Lyrical

Ages 8+

Dancers learn to display emotions to tell a story through music. They will practice both jazz and lyrical techniques each week. Dancers should wear black jazz shoes for jazz and turning shoes or barefoot for lyrical, a leotard or tank top, and dance shorts or pants.

Contemporary Lyrical

Ages 9+

Turns, leaps, dancing with emotion, moving into and out of the floor and contemporary / lyrical choreography will be the main focus of this class. Dancers should wear a leotard or tank top, dance shorts or pants. Turning shoes are optional or barefoot.

Ballet & Jazz

Ages 6+

Learn ballet barre, technique and terminology along with jazz steps and combinations. Dancers should wear pink ballet shoes, black jazz shoes, leotard, skirt or dance shorts, tights are optional.

Jazz

Ages 6+

Level 1 & 2 students will fine tune their jazz skills while working on coordination, flexibility and strength. A minimum of one year of jazz is recommended. Level 3 students require one year of jazz experience. Level 4 students require at least two years of experience. Level 5 requires at least three years of experience and Level 6 requires 3-4 years of jazz experience. Dancers wear black jazz shoes, leotard or tank top, and dance shorts or pants.

Jazz & Hip Hop

Ages 6+

Dancers will work on both jazz and hip hop techniques each week and should wear black jazz shoes, a leotard or tank top, and dance shorts or pants.

Hip Hop for Boys

Ages 6+

Class emphasis is on attitude, stage presence, developing an individual style and having fun! Dancers wear clean gym shoes and comfortable clothes they can move in.

Tap

Ages 6+

Learn the basic tap steps and combinations. Emphasis is on technique and performance. Dancers wear black tap shoes, leotard or tank top, and dance shorts or pants.

Tap & Jazz

Ages 6+

Dancers will work on both tap and jazz techniques each week and should wear black jazz shoes, black tap shoes, leotard or tank top, and dance shorts or pants.

Flexibility, Jumps & Turns

Ages 9+

Focuses on increasing flexibility and improving intermediate/advanced jump and turn combinations. Focus for this class will be on ballet techniques. Dancers wear pink ballet shoes, leotard or tank top, and dance shorts or pants.

Modern Technique***Ages 12+***

Students will concentrate on the fundamental concepts and practices of modern dance techniques. Focus will be on body alignment, stretch/strengthening, movement vocabulary and spatial awareness, as well as musicality. Dancers wear a leotard or tank top, dance shorts or pants. Turning shoes are optional or barefoot.

Technique***Ages 12+***

Learn the skills it takes to perform proper turns, leaps, jumps, etc. This class also includes barre work. Dancers wear black jazz shoes, leotard or tank top, and dance shorts or pants.

Musical Theatre***Ages 6+***

Learn theatrical dance from popular Broadway hits! Students will explore classic jazz movement, musical theatre style and facial expressions that are perfect for the stage. Dancers work on choreography that is high-energy and integral to the plot of a show. This class performs in the annual dance recital in May.

**These classes do NOT take part in the annual dance recitals.*