



Juliette Low

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Site Director: Joyce Moens

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UPCOMING DATES

8/14: First Day of School

9/2: Labor Day-No School, No CAP

9/30: Registration Deadline for the 10/14 Full Day (Enchanted Castle) Registration Code:

****Every Wednesday is early dismissal****

****Afternoon CAP begins immediately after dismissal****

CAP HAPPENINGS

Welcome to all the children and families. We are so excited for this year and look forward to seeing many returning families as well as getting to know our new ones.

CAP Cash will be back this year. Cappers will have the opportunity to collect CAP Cash for doing acts of kindness. Stay tuned for more information.

Many fun activities have been planned such as crafts, games, outside play, visits from AHML and several other enrichment programs.

The Juliette Low CAP staff looks forward to a fun, interesting and safe year with your child!



MEET THE JULIETTE LOW CAP STAFF

Mrs. Moens-Site Director

This is my 3rd year at Juliette Low. I have been with the CAP program for 7 years. I enjoy spending time with my family, friends, trying new recipes, and playing with our 2 pups, Oakley and Belmont. I am looking forward to meeting your children and making this a fun year for all!

Ms. Bekah- Assistant Site Director

I am a sophomore at Harper College and I am getting a degree in FCS Education. I plan on transferring to ISU after my second year at Harper. I enjoy spending time with family, friends and cooking. This is my 4th year at Juliette Low and I am so excited to see what this year has planned for us!

Ms. Emma- Activity Leader

This is my 2nd year at Juliette Low. I am a senior at Rolling Meadows High School. I enjoy playing volleyball, watching hockey, and going out with my friends. I am really looking forward to spend every day with our wonderful cappers!

FULL DAYS

Full Day-10/14/2019

@ Enchanted Forrest

Code: 24216

9/30: Full Day Registration Deadline

CAP DAILY SCHEDULE

Morning CAP:

Breakfast-7:00-8:15

Gym time and Activities

CAP Cleanup- 8:25

We serve a variety of cereal and milk

Afternoon CAP:

Snack- 3:40-4:00

Homework Time: 4:00-4:20

Outdoor Play(weather permitting) - 4:20

Craft/Indoor Play

CAP Dismissal - 6:00

FUN FAMILY ACTIVITIES

8/17-18:

Chicago Air and Water Show

North Ave Beach

FREE

10am-3pm

8/25:

Creation Station

North School Park

FREE

10am-12pm and 1-3pm

Children enjoy simple art activities.

