



Important Dates

10/5 and 10/6
NO CAP NO SCHOOL

10/9 Full Day Cosmic
Bowling

10/31 Halloween

11/6 Deadline to
register for 11/22 FULL
DAY
CODE # 14558 –Sleeping
beauty

****ALL FULL DAYS WILL
BE HELD AT WESTGATE
ELEMENTARY SCHOOL**

****MAKE SURE TO WEAR
CAP SHIRTS ON
FULLDAYS****



Juliette Low

Address: 1530 S. Highland
Ave.

Site Director: Joyce Moens

Phone: 847-871-7814

Email:
Juliettelowcap@ahpd.org

Hours: 7-9am 3:35-6pm

Monthly Happenings

Welcome to October! We are through the first seven weeks of both school and CAP and everyone seems to be adjusting to the school year.

Staff conducted tornado, fire and intruder drills to ensure our Capper's and staff's safety in emergency situations.

Homework time is offered everyday to the cappers. We also have a bin with homework supplies to be used.

HAPPY HALLOWEEN!

Notifications of Absences

If your child is going to absent from C.A.P please inform us.

- Calling or Texting us at 847-871-7814
- Emailing us juliettelowcap@ahpd.org
- Writing in the binder located next to the parent board

When informing us of the days your child will be absent, please be sure to include your first and last name and relation to the child, your child's first and last names well as the date(s).

If your child does not check into C.A.P on their scheduled day and we need to make a phone call to find them, please note there will additional tacking charge.

Halloween and Trick or Treating!

If your child will NOT attend CAP because they are going trick or treating right after school, PLEASE call the CAP # 847-871-7814, text or email with your child's first and last name

Breakfast

Breakfast is served from 7 -8:15am verity of cereal is available and on Thursdays we have chocolate milk day!

Afternoon CAP Kids

Must check into CAP immediately after class dismissal if they are scheduled to attend CAP in the afternoon. If a child needs to stay after school with a teacher, go to patrol, scouts, or any other extra curricular activities. CAP is their first stop. No Exceptions

Full Days

CAP offers full days on some non-attendance school days. J.Low families will meet at Westgate School for these full days. Each child will received a green CAP shirt on their first full day they attend and will be required to wear them each full day thereafter.

Registration for full days is required!

Ghost Trail Mix

In a large bowl, mix together 3 cups of pretzel sticks, 1-½ cups corn cereal (we use Crispix), ¾ cup of pecan halves, ½ sup of cashews. Melt 12oz of white chocolate according to the package directions and slowly pour it over the mix, stirring gently. Spoon the mix onto wax paper to cool, about 20 minutes then break into bite-size clumps. Makes about 10 cups.
Recipe by Kristen White

Family Fun!

1. 10/27 Trunk or Treat 6-8:15pm @
The Village of Arlington Heights
Public Works
*Registration Required
2. 10/28 Spooky Zoo Spectacular @
Lincoln Park Zoo, Chicago 10-1pm
*It's Free!!