

YOUTH VOLLEYBALL LEAGUE WAIVER & RELEASE OF ALL CLAIMS & ASSUMPTION OF RISK
Summer 2019

IMPORTANT INFORMATION

The Arlington Heights Park District (District) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Volleyball is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to head/brain injury, back/neck injury, and bone and joint injury. Understandably, not all hazards and dangers can be foreseen. Certain risks include, but are not limited to, being struck by the ball, slip and falls, running into stationary objects and court fixtures such as support posts and guide wires, poor technique, becoming entangled in the net, collisions with other players, uncontrolled pursuit of the ball, uncontrolled jump by a blocker or spiker, improper techniques for landing on the court surface, fatigue, moisture from sweat on the floor, surface defects and irregularities, unsafe equipment such as nets with bolts protruding from supports or exposed footings, carelessness, poor conditioning, overexertion, poor sportsmanship, inadequate supervision or officiating, horseplay and all other risks inherent to volleyball. In this regard, it must be recognized that it is impossible for the (District/SRA) to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this program/activity. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

PARTICIPATION WILL BE DENIED if the signature of the adult participant or parent/guardian and date are not on this waiver.

	Please Print <u>NAME</u>	<u>SIGNATURE</u>	Please Print <u>DATE</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____

4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			