

Miss Alyssa

Alyssa has studied dance for over 20 years, including favorite genres of jazz, lyrical, and ballet. She has been teaching professionally for over 14 years and joined Expressions Performing Arts Academy in 2012. She began working with Vibe Dance Company in 2014 and has won many awards, including “Excellence in Choreography” from the Power of Dance competition. Alyssa received her BFA from North Central College and strives to build her knowledge of dance.

Miss Amy

Amy is a seasoned dance educator with over 15 years of experience teaching in the Chicago land area. She began her dance training with The Berkshire Ballet Theatre in ballet, pointe, and modern dance, later earning a Bachelor's degree in Dance from the University of Iowa. She then went on to perform with a modern dance company (RDT), taught at local studios, high schools, and community education programs. Her passion for choreography continues to inspire new works as a guest artist. Amy is dedicated to nurturing the next generation of dancers and fostering a love of dance in her community.

Miss Ashley V

Ashley grew up dancing in Centennial, CO at Centerstage Starz Theatre and Dance Studio. She received her BFA in Dance from Stephens College in Columbia, MO, studying ballet, modern, jazz, tap, flamenco, Russian character, West African and choreography. Ashley has danced with Damsels, Matter Dance Company, Chicago Verge Dance Theatre and studied with Chicago Tap Theatre.

Miss Ashley W

Ashley has grown up dancing since the age of three, completing most of her early training at Dena Marie’s School of Dance. She has studied ballet, tap, jazz, lyrical, modern, and pointe. She began teaching professionally at age 18 and further expanded her performance career as a dancer with Outlet Dance Company. After previously teaching at AHPD, Ashley is thrilled to be back sharing her passion and expertise with the EPAA family again!

Miss Carla

Carla has been with the Expressions dance program since 2002. She over 30 years of experience instructing dance. She was a member of her high school Orchestis team, the Harper College Dance Company, and she also performed in the Miss Illinois pageant. She attended classes at Gus Giordano and master classes with Randy Duncan. Carla was a Director for Vibe Dance Company for several years, where she instructed and choreographed competition pieces.

Miss Jamie

Jamie Gross has been dancing since she was 3 years old and has training in tap, jazz, lyrical, musical theater, and contemporary dance. Jamie has been teaching both dance and theater classes for the past 5 years at both Buffalo Grove and Arlington Heights park districts and has most recently been choreographing the Expressions Performing Arts Academy musicals. Jamie is looking forward to joining the EPAA dance program!

Miss Jenny F

Jenny has a BFA in Dance and BA in Enterprise Leadership, as well as a Certificate in Arts Entrepreneurship from the University of Iowa. Jenny grew up dancing at Lincolnshire Academy of Dance and she is currently dancing professionally as a company member with Ardent Dance Company in Chicago. She has worked and taught at other park districts in the area, and she is excited to share her love of dance with all of her students at EPAA!

Miss Jenny T

Jenny has danced since the age of 3 and took classes through Arlington Heights Park District and McDonald Dance Academy. She is trained in ballet, pointe, and jazz. Jenny continued dancing in college at Illinois State University, where she directed and choreographed for Unlimited Dance Team. She holds a degree in Special Education. Jenny looks forward to sharing her love for dance with her students!

Miss Jennie H

Miss Jennie has trained at Dorothy’s Dancing Unlimited, Dena Marie’s studio, Lou Conte Dance Company, and Hubbard Street Dance Company. She has been a member of our dance faculty since 2005 and served as a director of our award-winning Vibe Dance Company for over 8 years, where her choreography has received numerous awards.

Miss Kimee

Kimee received her bachelor's degree in Exercise Science from Illinois State University. She grew up training at Dena Marie's School of Dance, where she also served as a dance assistant for many years. During college, she assisted with dance camps at the Arlington Heights Park District and Vibe Dance Company. Kimee joined EPAA last year as a substitute and is excited to be joining as an instructor this year.

Miss Lainey

Lainey has been dancing since the age of 3, training, choreographing and competing in Contemporary, Modern, Lyrical, Jazz, Ballet, and Pointe. Her choreography has been selected for district and state-wide Orchestis showcases, and she was a member and choreographer for Vision Dance Company at Miami University. She holds degrees in dance and primary education, and she looks forward to sharing her creativity and love for dance!

Miss Maeve

Maeve has danced at Expressions since the age of three and was a part of Vibe Dance Company for 8 years. She has trained in ballet, jazz, lyrical, pointe, modern, contemporary, pom, and tap. She graduated from Miami University with a degree in Speech Language Pathology, a minor in dance, and was a member of the Miami University Dance Team. She is now pursuing her SLP master's degree at Elmhurst University. Maeve is very excited to be back at her home studio as a teacher, where she'll be able to share her love for dance with all of her students!

Miss Nicole

Nicole has danced with the Expressions since the age of 5. She danced competitively with Vibe Dance Company for 8 years and is trained in jazz, lyrical, ballet, and pointe. She earned her Early Childhood Education Teacher Certificate from Harper College. Nicole is excited to share her love of dance with her students.

Miss Robin

Robin has danced since the age of 4 at the Arlington Heights Park District and was a part of the competitive team, Vibe, for 10 years. She has trained in jazz, lyrical, contemporary, ballet, pointe, and tap. Throughout high school, she was a part of Hersey Orchestis and Poms, and she choreographed numerous pieces for these programs.

Miss Sam

Sam has been dancing at Expressions since the age of 3 and has competed with Vibe Dance Company. She has experience in tap, jazz, ballet, hip hop, modern, lyrical, contemporary, and musical theatre. Sam’s choreography has been selected for a district-wide showcase. Sam was also a member of the Unlimited Dance Team at Illinois State University, where she held a leading role. Sam earned her degree in Special Education and is passionate about working with and supporting students with diverse learning needs. She hopes to combine her love of dance and education to create a positive, encouraging, and inclusive environment for all dancers.

Miss Shannon

Shannon began her dance training in Downers Grove IL, and went on to receive her BFA in dance performance from Northern Illinois University. In 2007 she started her professional career by joining Chicago based, Nomi Dance Company. She has also worked with Winifred Haun and Dancers, Purus Motus, Meraki and Trifecta Dance Collective, where she continues to perform. Shannon has been teaching throughout the Chicagoland area for over 15 years and continues to enjoy sharing her love of dance with her students.